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|  Beating the Blues | OWLS |
| Books on Prescription | Wellbeing Support Team |
| Breathing Space | Victim Support |
| Healthy Minds Book List | Tayside Council on Alcohol |
|  Live Active Compass Membership / GP Referral | Support in Mind |
| Money Worries Crisis App | Suicide and Self-Harm Support Group |
| Moodjuice | Social Prescribers |
| MoveAhead | Rape and Sexual Abuse Centre |
| NHS Living Life | PKAVS Mental Health and Wellbeing Hub |
| Sucide Help App / Website | CAMHS |
| Scotland All Strong | Clinical Psychology to General Adult |
| Adult Psychological Therapies Service Primary Care | Psychology CMHT |
| Andy’s Man Club | Perth and Kinross Adult Community Mental Health Team |
|  Access Team | Perth & Kinross Intensive Home Treatment Team |
|  Employment  Support Teams | Older Peoples CMHT |
|  Mindspace | Psychological Therapies Service |
| North, South, Perth City Social Work | Primary Care Mental Health Nurses |
| Perth Six Circle Project | Amulree Rehabilitation ward |
| Perthshire Women’s Aid | Frensic MHO and Social Work services – Rohallion |
| Wellbeing Cafes | Mental Health Officer Input |
| Crieff Recovery Cafes | POA – Inpatients |
| Men’s Shed | GAP – Inpatients |
| Listening Service, NHS Tayside / Do you need to Talk? | Learning Disabilities – Inpatients |
| Perth Creative Community Collaborative | Crisis Response Service, Carseview |
| College Student Support |  Out of Hours Social Work |
| CATH |  Samaritans |
| Floating Housing Support |  Street Pastors |
| Barnardo’s |   |